



## Lifeguard

Department/Division:	Parks and Recreation
Reports To:	Recreation Coordinator
Provides Direction To:	Not applicable
Date Updated:	July 5, 2022

### GENERAL PURPOSE

Under general supervision, observes patrons using pool facilities and enforces safety rules; performs rescues and administers first aid; performs other related duties as assigned.

### ESSENTIAL DUTIES AND RESPONSIBILITIES

The duties listed below are intended only as illustrations of the various types of work that may be performed. The omission of specific statements of duties does not exclude them from the position if the work is similar, related or a logical assignment to this position.

1. Observes, explains, and enforces facility safety rules and in-pool regulations.
2. Assists in issuing pool supplies and equipment used for lessons and lap swim.
3. Maintains cleanliness of pool areas, decks, and locker rooms.
4. Assists in the maintenance of operational equipment and in checking pool chemical and temperature levels.
5. Assists Swim Instructors in demonstrating water safety.
6. Performs water rescues.
7. Administers first aid and CPR if necessary.
8. Completes accident and incident reports and time sheets.
9. Attends weekly staff meetings and monthly in-service training sessions.
10. Assesses conditions for safety and initiates aquatics emergency action plan as required.
11. Works different shifts, evenings, and weekends, as needed.

## **QUALIFICATIONS GUIDELINES**

### **Knowledge of:**

Pool safety rules and regulations; rescue and first aid methods; CPR and AED methods; customer service etiquette.

### **Ability to:**

Communicate effectively with co-workers and the public; develop and maintain positive work relationships; make sound decisions in emergency situations.

### **Education/Training/Experience:**

Any combination equivalent to experience and education that could likely provide the required knowledge and abilities. A typical way to obtain the knowledge and abilities would be:

**Experience:** Experience in aquatic leadership as a lifeguard is preferred but not required. Some swim experience, previous customer service experience involving public contact or volunteer experience with youth is highly desirable.

### **Licenses/Certificates/Special Requirements:**

Candidates must be a minimum 16 years of age and have possession of or ability to maintain a work permit.

Possession of or ability to obtain within three months of employment, American Red Cross Lifeguard and First Aid Certification.

Complete Mandated Reporter Training within 6 months of employment.

## **PHYSICAL AND MENTAL DEMANDS**

The physical and mental demands described here are representative of those that must be met by employees to successfully perform the essential functions of this class. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

### **Physical Demands**

Maintain physical fitness, including the ability to swim 300 yards, tread water, and lift, retrieve, and move over 100 pounds, including heavier swimmers and maintain stamina in all types of weather. Ability to exert moderate physical effort in standing and walking, and stooping, kneeling, crouching, and crawling, and carrying, pushing, or pulling

objects. Ability to lift and carry pool equipment, supplies, and furniture weighing up to 50 pounds. Additional testing requirements are established by the department.

Sensory demands include the ability to talk and hear. Specific vision abilities required by this job include close vision, color vision, and the ability to adjust focus.

### **Mental Demands**

While performing the duties of this class, the incumbent is regularly required to use written and oral communication skills; read and interpret data, information and documents; analyze and solve problems; use math and mathematical reasoning; and interact with patrons, staff, and the general public, and handle conflict situations involving the enforcement of safety standards and practices.

### **WORK ENVIRONMENT**

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this class. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

The employee is constantly exposed to wetness and moisture and works outdoors under variable weather conditions. The employee may be exposed to chlorine, acids, and other chemicals at aquatic facility, as well as blood and body fluids rendering first aid and cardiopulmonary resuscitation. Employees may interact with upset facility users and general public while enforcing departmental policies and procedures and safety requirements. The noise level varies between being moderate and loud depending upon pool play and number of users and typically ranges from 70 decibels to 80 decibels or higher. The employee is expected to work variable hours, including different shifts, evenings, and weekends.